

PASTA & RISOTTO

Spaghetti Bolognese 12.95
Special recipe minced beef cooked in tomato and garlic sauce

Mixed Seafood Tagliatelle 15.95
Tagliatelle pasta with king prawns, calamari, mussels, garlic, onion in a creamy white wine sauce

Penne Arrabiata 12.95
Fresh chilli, white wine, garlic, fresh onion, peppers, salami and chorizo in tomato sauce

Wild Mushroom & Spinach Risotto (V) 14.95
Arborio rice cooked with onion, white wine, garlic, a touch of cream and topped with pine nuts and parmesan cheese. Add Chicken £3 extra

Mixed Seafood Paella 16.95
Calamari, mussels, king prawns, garden peas, garlic and white wine

Chicken & Chorizo Paella 15.95
Arborio rice cooked with saffron, chorizo, garden peas, paprika, chicken breast and tomatoes

Vegan Mediterranean Paella (VG) 15.95
Saffron-infused rice bursting with chickpeas, artichoke hearts, roasted red peppers, zucchini, and cherry tomatoes. Smoky, vibrant, and served with a lemon wedge

Gluten-free pasta is available on request

HOUSE SPECIALS

Lamb Shank 21.95
Braised lamb shank served on a bed of creamy mashed potato, red wine sauce and mixed vegetables

Turkish Lamb Casserole 19.95
Slow cooked diced lamb, red wine, bay leaves, onion and mixed vegetables. Served with rice or chips

Seafood Casserole 19.95
Seabass, salmon, king prawns, tomato, mixed peppers, white wine, garlic, onion. Served with rice or chips

Pollo Mexicano 18.95
Pan fried chicken cooked with spicy salami, fresh chilli, onion, garlic, cherry tomatoes and cannellini beans in white wine and tomato sauce. Served with rice or chips

Pollo Ala Creama 18.95
Pan fried chicken breast with asparagus, wild mushroom, onion, white wine, garlic, Dijon mustard and cream sauce. Served with rice or chips

Vegetarian Mousakka 14.95
Layers of aubergine, potato, courgette, mushrooms, carrot, pepper, garlic and bechamel sauce topped with cheese and baked in the oven. Served with Greek salad

SIZZLERS

Chicken Sizzler 19.95
Marinated chicken breast cooked with mixed peppers, onion and fajita spices. Served on a sizzling platter with rice.

Beef Sizzler 19.95
Marinated beef cooked with mixed peppers, onion and fajita spices. Served on a sizzling platter with rice

King Prawn Sizzler 21.95
King prawns cooked with mixed peppers, onion and fajita spices. Served on a sizzling platter with rice

SALADS

Greek Salad 6.95
A refreshing mix of crisp cucumber, ripe tomatoes, red onion, olives and creamy feta cheese, tossed in a zesty lemon-olive oil dressing with a sprinkle of oregano. Served fresh

Turkish Shepherd's Salad 6.50
Diced tomatoes, cucumber, green peppers, red onion and parsley, tossed in a light olive oil and pomegranate molasses dressing. Served fresh

Chicken Caesar Salad 9.45
Grilled chicken breast, Romaine lettuce, avocado, croutons and Caesar dressing

SIDES

Steak Cut Chips 3.95

Skinny Fries 3.95

Broccolini 3.95

Creamy Mashed Potato 3.95



MEDITERRANEAN RESTAURANT & BAR

MAIN MENU

6 Thatch Leach Lane, Whitefield, Manchester, M45 6BE

Tel: 0161 566 2264

www.melisrestaurant.co.uk

Consumer Advisory: Alert your server if you have special dietary or allergic requirements.

APPETISERS

Garlic Bread	5.50
Garlic Bread with Tomato	6.50
Garlic Bread with Cheese	6.95
Garlic Bread with Goat Cheese & Red Onion	9.95
A Mix of Marinated Italian Olives	4.95
Bruschetta with Mediterranean twist	5.95

STARTERS

Tapas Sharing Platter for 2 <i>Houmous, meatballs, halloumi, chicken skewer, Turkish sujuk skewer, tzatziki, bread, mixed olives, Sigara Böregi, dolmades</i>	19.95
Meze Plate for 1 (V) <i>Houmous, tzatziki, Turkish cheese rolls, dolmades, saksuka</i>	9.95
Soup of the Day <i>Homemade soup of the day served with bread and butter</i>	5.95
Polpette Piccanti <i>Spicy meatballs in a tasty tomato and garlic sauce with a hint of chilli</i>	6.95
Sujuk <i>Turkish spiced beef sausage served with tzatziki</i>	7.95
Grilled Goat Cheese <i>Grilled goat cheese, asparagus, mango chutney, crispy onion</i>	7.95
Chicken & Sujuk Skewers <i>With peri-peri and tomato sauce and cannellini beans</i>	7.95
Sigara Böregi (Turkish Cheese Rolls) (V) <i>Feta cheese and parsley in a crispy flaky dough</i>	7.95
Lamb's Liver <i>Delicate lambs livers, sautéed in onion, garlic and Worcestershire sauce</i>	7.95
Homemade Houmous (V) <i>Chickpeas with sesame seed paste, olive oil, lemon juice and a hint of garlic</i>	6.95
Tzatziki (V) <i>Cool and tangy Greek yoghurt with cucumber and garlic</i>	5.95
Saksuka (V) <i>Aubergine, potato, pepper, onions, garlic, olive oil, tomato sauce</i>	5.95
Baba Ganoush (V) <i>Smoky roasted eggplant blended with tahini, garlic, and lemon. Served with warm pita for dipping</i>	8.95
Garlic Mushrooms (V) <i>Mushrooms cooked in garlic butter, white wine and cream</i>	7.95
Deep Fried Halloumi Cheese (V) <i>Sliced halloumi cheese covered with panko breadcrumbs, deep-fried and served with mango chutney</i>	7.95
Fried Calamari <i>Rings of crispy calamari served with garlic mayo sauce</i>	8.95

Mussels <i>Fresh mussels cooked in onion, butter, white wine, garlic cream and parsley</i>	8.95
Gamberoni Piccante <i>Pan-friend king prawns with fresh chilli, garlic and white wine sauce</i>	9.95

GRILLED STEAK

10oz Sirloin Steak <i>Steak cut chips, grilled tomato, broccolini, wild rocket</i>	25.95
10oz Rib Eye Steak <i>Steak cut chips, grilled tomato, broccolini, wild rocket</i>	25.95

All steaks can be served with a sauce of your choice:
**DIANE | PEPPERCORN | RED WINE
 DOLCELATTE**
 £2.50

PIZZA

Margarita (V) <i>Mozzarella cheese, tomato sauce</i>	10.95
Walk in the Woods (V) <i>Wild mushrooms, caramelized onions, mozzarella, rosemary, truffle oil</i>	12.50
Meat Feast <i>Pepperoni, ham, chicken, meatballs</i>	13.50
Marinara <i>Anchovies, baby prawns, tuna, red onion, black olives</i>	13.50
Rustica (V) <i>Mushrooms, asparagus, red onion, peppers and chilli</i>	12.50
Hawaiian <i>Ham, pineapple, sweetcorn</i>	12.95
Milano <i>Tomato, mozzarella, homemade meatballs, chilli</i>	13.50

ADD ON TOPPING 1.50

SEAFOOD

Grilled Seabass <i>Charcoal grilled seabass served with salad and new potatoes</i>	19.95
Salmon Ala Mediterranean <i>Pan fried salmon fillet with olive oil, onion, peppers, mushrooms, garlic and tomato with cream and wine, finished with a touch of oyster sauce. Served with new potatoes</i>	19.95

TURKISH CHARCOAL GRILL

Chicken Wings <i>Succulent wings marinated in bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	16.95	Melis Meatball Skewers <i>Flavourful meatballs, specially marinated with bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	17.95
Specially Marinated Lamb Ribs <i>Tender lamb ribs marinated in bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	19.95	Melis Chicken Meatball Skewers <i>Juicy chicken meatballs, specially marinated with bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	17.95
Specially Marinated Chicken Skewers <i>Tender chicken skewers marinated in bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	18.95	Special Melis Chicken Doner <i>Thin slices of spit-roasted chicken, lightly spiced to our unique recipe, served with fresh salad, flatbread and rice</i>	14.95
Specially Marinated Lamb Skewers <i>Tender lamb skewers marinated in bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	19.95	Piri Piri Chicken <i>Chargrilled chicken skewers in Piri Piri sauce, served with rice and salad</i>	18.95
Specially Marinated Lamb Chops <i>Juicy lamb chops marinated in bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	20.95	Vegetarian Halloumi Skewers (V) <i>Diced halloumi, mushrooms, onions, peppers and courgette served with salad, skinny fries and sweet chilli dip</i>	16.95

SPECIAL & COMBINATION

Chicken Skewers & Lamb Skewers <i>Tender chicken skewers and lamb skewers marinated in bold spices, charred to perfection on a charcoal grill. Served with special rice and fresh salad</i>	19.95	Yogurtlu Lamb Skewers <i>Lean tender cubes of lamb skewered and grilled over charcoal, served on a bed of bread, topped with yogurt and special tomato sauce</i>	19.95
Chicken Skewers & Chicken Doner <i>Tender chicken skewers and thin slices of spit-roasted chicken marinated in bold spices, charred to perfection on a charcoal grill. Served with special rice and fresh salad</i>	17.95	Yogurtlu Chicken Skewers <i>Tender chicken skewers grilled over charcoal, served on a bed of bread, topped with yogurt and special tomato sauce</i>	18.95
Lamb skewers & Meatball Skewers <i>Lamb skewers and flavourful meatballs, specially marinated with bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	19.95	Sarma Chicken Beyti <i>Specially prepared chargrilled minced chicken skewers wrapped up in tortilla bread with mozzarella cheese and topped with garlic butter and tomato sauce. Served with rice and yoghurt</i>	17.95
Chicken skewers & Chicken Meatball Skewers <i>Tender chicken and Juicy chicken meatballs, specially marinated with bold spices, charred to perfection on a charcoal grill. Served with rice and fresh salad</i>	17.95	Sarma Lamb Beyti <i>Specially prepared chargrilled minced lamb skewers wrapped up in tortilla bread with mozzarella cheese and topped with garlic butter and tomato sauce. Served with rice and yoghurt</i>	18.95

MELIS SHARING PLATTER

Melis Mixed Grill <i>Chef's own combination of chargrilled chicken shish, lamb shish, lamb kofte, chicken wings, lamb ribs and Melis doner kebab. Served with rice and salad</i>	24.95
Melis Grill Sharing Platter for 2 <i>Chef's own combination of lamb shish, chicken shish, lamb ribs, chicken wings, lamb meatballs, lamb chops, chicken meatballs, Melis doner kebab, rice and salad, mezze including, saksuka, tzatziki & hummus</i>	44.95
Melis Grill Sharing Platter for 4 <i>Chef's own combination of lamb shish, chicken shish, lamb ribs, chicken wings, lamb meatballs, lamb chops, chicken meatballs, Melis doner kebab, rice and salad, mezze including, saksuka, tzatziki & hummus</i>	84.95

ALL GRILLS CAN BE SERVED GLUTEN FREE ON REQUEST